



# TRANSFER GUIDE

## Concordia University, Portland Bachelor of Science Exercise and Sport Science to Concordia University, St. Paul Bachelor of Arts in Exercise Science

General Education Courses		
Concordia University, Portland	Credit	Concordia University, St. Paul
WR121 English Composition	3	Writing General Education Requirement
WR 30X Upper Division Writing course	3	Elective – may apply to a general education requirement depending on course taken
SCI110 Introduction to Science or Lab Science	3	Science General Education Requirement
HUM152 How the West Came to Be	3	History and Political Science General Education Requirement
LDR198 Concordia Commitment	1	Elective
MTH110 Math for Life or above (excluding MTH231)	3	Mathematics General Education Requirement
ESS260 Health and Fitness for Life with Lab	2	Health Science General Education Requirement
REL211 History and Literature of the Old Testament OR REL221 History and Literature of New Testament	3	THL100 The Biblical Heritage of Christianity and Introductory Theology General Education Requirement
REL401 Faith for Life	3	THL325 Christian Ethics and Intermediate Theology General Education Requirement
REL371 World Religions	2	Elective
HUM351 Challenges of Global Diversity	3	Global Studies General Education Requirement
Social Science (PSY, SOC)	3	Social Behavioral General Education Requirement
Electives – at least three must be upper division credits outside of major	3	Electives
<b>TOTAL CREDIT: 35</b>		

Remaining General Education Requirements at Concordia University, St. Paul	
Literature	4
Communication	4
Fine Arts (must complete two courses from two different areas)	4
<b>TOTAL CREDIT: 12</b>	

<b>Program Major Credits</b>		
<b>NOTE: EACH STUDENT WILL RECEIVE AN INDIVIDUAL TRANSFER EVALUATION BASED ON THEIR COURSES TAKEN AT CONCORDIA UNIVERSITY PORTLAND.</b>		
<b>Concordia University, Portland</b>	<b>Credit</b>	<b>Concordia University, St. Paul</b>
ESS 384 Foundations of Movement	4	KHS 473 Biomechanics
ESS 422 Psychology of Sports and Physical Activity	3	KHS 400 Health Psychology
ESS 432 Measurement & Evaluation in ESS	3	KHS 450 Exercise Assessment
ESS 464 Nutrition Exercise & Human Performance	3	KHS 300 Applied Nutrition
ESS 474 Kinesiology	4	KHS 436 Motor Development, Control & Motor Lrng
ESS 484 Exercise Physiology	4	KHS 474 Exercise Physiology
ESS 491 Professional Preparation and Leadership in ESS	1	KHS 490 Senior Seminar
ESS 493 Research Methods in ESS	2	KHS 220 Research Methods
ESS 494 Exercise Prescription and Programming	4	KHS 475 Applied Exercise Prescription
ESS 498 Internship	3	KHS 498 Internship
Electives	34.5	Electives
<b>TOTAL CREDIT: 65.5</b>		

<b>Remaining Major Course Requirements at Concordia University, St. Paul</b>	
KHS 394 Sport Business	4
KHS 311 Functional Anatomy	4
KHS 498 Internship (total of 8 credits needed – number of credits remaining at CSP will depend on number of credits completed at CUP)	5

*\*MAXIMUM TRANSFER CREDIT IS 90 CREDITS TOTAL*

Transfer Policies:

- An overall GPA of 2.0 or higher and major GPA of 2.0 or higher is required. (Unless the course applies toward the major, all transfer credit is accepted with a grade of Pass 'P' and does not impact your CSP GPA.)
- A minimum of 120 credits is required to earn a bachelor's degree from CSP. A minimum of 30 credits must be successfully completed at CSP and a maximum of 90 credits will be accepted in transfer.
- Students may have additional credits earned from attendance at other schools, please be sure to submit all transcripts.
- The courses listed above are current as of the 2019-2020 Academic Calendar. Course requirements are subject to change. Please contact the Concordia University Office of Admissions for the most up to date information.