

North Hennepin Community College to Concordia University, St. Paul Bachelor of Science in Exercise Science



Step 1: Complete an Associate's degree at North Hennepin Community College and complete the following Exercise Science major courses:

Course Option at North Hennepin Community College <i>Also required for the Exercise Science Transfer Pathway AS</i>	Credit	How it transfers to CSP's BS Exercise Science major*
BIOL 1101 Principles of Biology I	4	BIO 120 General Biology I
CHEM 1061 Principles of Chemistry I	4	CHE 115 General Chemistry I
MATH 1130 Elementary Statistics	3	MAT 110 Intro to Prob and Statistics
BIOL 2111 Human Anatomy and Physiology I	4	BIO 315 Human Anatomy and Physiology I
BIOL 2112 Human Anatomy and Physiology II	4	BIO 316 Human Anatomy and Physiology II (major elective credit)
EXSC 2390 Current Research Trends in Exercise Science	3	KHS 220 Research Methods
EXSC 2490 Kinesiology	4	KHS 473 Biomechanics
HLTH 1070 Nutrition	3	KHS 300 Applied Nutrition



Step 2: Complete the remaining general education requirements (MnTC Goal Areas) not met by the Associate's degree through NHCC or CSP*



Step 3: Complete the following minimum requirements* at Concordia University:

Concordia University, St. Paul BS in Exercise Science Course Requirements	Credits
KHS 311 Functional Anatomy	4
KHS 316 Psychology of Sport Injury and Rehabilitation	4
KHS 400 Health Psychology	4
KHS 436 Motor Dev, Control & Motor Learning	4
KHS 450 Exercise Assessment	4
KHS 472 Athletic Training, Injury Prevention, and Safety	4
KHS 474 Exercise Physiology	4
KHS 475 Applied Exercise Prescription	4
KHS 490 Senior Seminar	1
KHS 498 Internship	8
KHS Major Elective Credits	5
Required General Education & Elective Credits to complete the BS in Exercise Science	
Theology: 2 courses, must be completed at CSP	6-8
Minimum Total Credits to complete at CSP	52

*see www.csp.edu/transfer for important transfer policies

Guide approved 05-2020, OA/GS