



TRANSFER GUIDE

Normandale Community College to Concordia University, St. Paul Bachelor of Science in Exercise Science

- ✓ **Step 1:** Complete an AS degree at Normandale
AS Exercise Science Transfer Pathway or AS Health Sciences Broad Field preferred
- ✓ **Step 2:** Complete the MnTC Goal Areas not met by the AS degree and remaining elective credits through NCC or CSP* (6-8 credits *Theology must be completed at CSP*)
- ✓ **Step 3:** Complete the remaining requirements at Concordia University.*

BS Exercise Science at CSP	Credit	CSP Notes	Normandale Course Option
Prerequisites from General Education			
BIO 120 General Biology I	4	Prerequisite	BIOL 1501 Principles of Biology 1
CHE 115 General Chemistry I	4	Prerequisite	CHEM 1061 Principles of Chemistry 1
MAT 110 Intro. to Prob. and Statistics	3	Prerequisite	MATH 1080 Introduction to Statistics
Required Major Credits and Major Elective Options (may complete up to 34 major credits at Normandale*)			
BIO 315 Human Anatomy & Physiology I	4	Requirement	BIOL 2041 Human Anatomy and BIOL 2042 Human Physiology <i>*Both must be completed BIO 315 and 316 equiv. at CSP.</i>
BIO 316 Human Anatomy & Physiology II	4	Major Elective	
KHS 220 Research Methods	4	Requirement	<i>*Must be completed at CSP</i>
KHS 300 Applied Nutrition	4	Requirement	HLTH 1107 Principles of Nutrition
KHS 311 Functional Anatomy	4	Requirement	<i>*Must be completed at CSP</i>
KHS 316 Psyc. of Sport Injury and Rehabilitation	4	Requirement	<i>*Must be completed at CSP</i>
KHS 400 Health Psychology	4	Requirement	<i>*Must be completed at CSP</i>
KHS 436 Motor Dev., Control & Motor Learning	4	Requirement	<i>*Must be completed at CSP</i>
KHS 450 Exercise Assessment	4	Requirement	EXSC 2310 Foundations of Personal Training and EXSC 2330 Applications of Personal Training <i>*Both must be completed for KHS 450 equiv. at CSP.</i>
KHS 472 Athletic Training, Injury Prev, & Safety	4	Requirement	<i>*Must be completed at CSP</i>
KHS 473 Biomechanics	4	Requirement	<i>*Must be completed at CSP</i>
KHS 474 Exercise Physiology	4	Requirement	EXSC 2305 Exercise Physiology
KHS 475 Applied Exercise Prescription	4	Requirement	EXSC 2315 Exercise Prescription
KHS 490 Senior Processional Seminar	1	Requirement	<i>*Must be completed at CSP</i>
KHS 498 Internship	8	Requirement	<i>*Must be completed at CSP</i>
BIO 350 Medical Terminology	2	Major Elective	HLTH 1010 Health Professions Terminology
CHE 116 General Chemistry II	4	Major Elective	CHEM 1062 Principles of Chemistry 2
KHS 125 Introduction to Kinesiology	1	Major Elective	EXSC 2300 Intro to Exercise Science
Select one of the following: MAT 125 Precalculus or MAT 135 Calculus I	4	Major Elective	Select one of the following: MATH 1500 Pre-Calc or MATH 1510 Calculus 1
PHS 112 Intro Physics for Bio and Health Sciences I	4	Major Elective	PHYS 1201 Physics 1 with Biomedical Appl.
KHS XXX Major Elective	X	Major Elective	<i>*Must be completed at CSP</i>
*see www.csp.edu/transfer for important transfer policies			Guide approved 04-2020,OA/GS